

Health and medical assistance in Shark Bay and Denham



Welcome! We hope you enjoy your time in this beautiful part of Western Australia.

Being a remote destination is one of the attractions for tourists and holidaymakers. However, this also means there are reduced health and medical services available, in comparison to metropolitan cities.

We have prepared this information to assist you in finding the right health and medical services if you need them while visiting the area.

In the Shark Bay and Denham area there are two nurses that provide services to the community and are located at the Silver Chain Health Centre. There is no local GP based in town however, WA Country Health Service provide a visiting GP service twice a week. Appointments are limited and are often booked out in advance.

Please find overleaf a list of services available.

Emergency

For serious illness or injury that is critical or life-threatening call triple zero **(000)**.

Call 000

Availability 24 hours a day 7 days a week

Health Direct – Free telephone advice

Health Direct is a free telephone service staffed by registered nurses who provide free expert health advice.

Call 1800 022 222

Website www.healthdirect.gov.au

Available 24 hours a day 7 days a week

Silver Chain Health Centre

Call 08 9948 1400 to make an appointment

Address 53 Hughes Street, Denham,
Western Australia

Available 9am to 4:30pm Monday to Friday

Appointments are limited. Please let staff know if the matter is urgent. Please note if the centre is busy or closed you will be automatically redirected to Health Direct.

Nearest hospitals

Carnarvon Hospital (327kms)

Address Cleaver Street, Carnarvon,
Western Australia

Call 08 9941 0555

Available 24 hours a day seven days a week.

Geraldton Hospital (409kms)

Address 51-85 Shenton Street,
Geraldton, Western Australia

Call 08 9956 2222

Available 24 hours a day seven days a week.

Both hospitals have an emergency department and fulltime medical staff.

Non-Urgent Health and Medical Assistance

Speak to a Doctor or GP via phone – Call a Doc

If you need to consult with an experienced Australian based Doctor, Call a Doc provides an after-hours, weekend and public holiday free telephone service.

Call 1800 225 523

Website <https://1800calladoc.com.au>

Available Monday to Friday 6pm – 8am, Saturday 12 noon – 12 midnight and Sunday and public holidays all day.

Please state clearly that you are calling from Shark Bay/Denham in WA.

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We are unable to provide routine prescriptions.

Specialist Services

Pregnancy, birth and baby concerns

For information and support for parents from pregnancy through to preschool ages.

Call 1800 882 436

Available 24 hours a day 7 days a week

Website www.pregnancybirthbaby.org.au

Mental Health

If you need mental health crisis services, please call the numbers below:

- > WA – Rurallink 1800 552 002
- > Kids Helpline – 1800 551 800 for young people 5-25 years
- > Suicide Call Back Service – 1300 659 467
- > MensLine Australia – 1300 78 99 78 for men of any age

Other

Pharmacy

The local pharmacist is available to help with minor health and wellbeing issues.

Call 08 9948 1200

Visit 65 Knight Terrace, Denham